

College Information and Planning for Junior Parents

Presented by the High School Counseling Department

Ms. Deptula

Ms. Rusynko

Mr. Rothweiler

Ms. Landgraber

School Nurse: Jennifer O'Connor

General information from the Health Office

All incoming 7th graders will need a physical form it is called the [Universal Child Health Record](#). This can be filled out at your child's next scheduled annual physical. The Sports Physical Form is different and is located on the [Athletic Website](#). This will be used for any 9-12th graders playing a GRHS sport.

All **medications** to be dispensed during school hours, even PRN medication such as advil must have a [Medication Form](#) completed by your doctor. Medication must be in the original container from the pharmacy with the child's name and instructions on the label.

Please notify me if your child takes any daily medications or has any medical issues even if only at home. This will help me have a better understanding of your child's medical history.

School Nurse: Jennifer O'Connor

If your child has **Allergies** that require an epi-pen please have MD fill out the Allergy Action Plan, and the medication authorization form with the epipen and Benadryl in a ziplock bag. I will be in the office daily so you can drop this off to the school at any time NO LATER than the first day back to at school.

If your child has **Asthma** please have MD fill out the Asthma Action Plan, I can keep their inhaler in my office. If they are able to self carry make sure to fill the bottom portion the the action plans so they can self carry.

Student Support Services & SEL

High School Counselors

- Mrs. Deptula
- Ms. Rusynko
- Mr. Rothweiler

Tier 2 Counselor (7-12)

- Ms. Landgraber

7th & 8th Grade Counselor

- Ms. Mundy

Child Study Team

- Ms. Sinton- School Psychologist
- Ms. Klip- Social Worker
- Ms. Non- Learning Consultant

Addition Student Support Services & SEL

ESS

- Elizabeth Urciuoli- ESS Program Coordinator
- Cassandra Winnie- ESS Clinician

Anti-Bullying Specialist

- Ms. Reilly (7th-12th grade)

Nurse

- Ms. O'Connor

Junior Timeline

Fall

- Sign up for Junior-Parent meeting with School Counselor
- Take the PSAT - October 12th @ GRHS
- Register for Spring SAT and/or ACT test
- Complete the College Search on Naviance
- Begin to visit colleges!
- Maintain strong work ethic to earn the best grades possible
- Take on leadership positions in your clubs and activities

Junior Timeline

Spring

- Take SAT and/or ACT
- Continue to use Naviance for college/interest searches
- Ask 2 teachers for letters of recommendation
- Complete Student/Parent brag sheets and resume
- Visit colleges!

Junior Timeline

Summer

- Register on Common Application & Coalition Application
- Register for SSAR/SRAR
- Refine college list
- Begin to complete applications online
- Work on essay
- Visit colleges
- Attend Common Application Bootcamp

Junior Conference

- Sign up through Pick-a-Time in December
- Conference to be held January through March
- Topics Discussed
 - Graduation Requirements
 - ACT & SAT
 - College Search & Visits
 - Common Application & Coalition Application
 - College Deadlines
 - Naviance

NCAA



If you plan on participating in
Division I or II athletics:

- Notify your counselor
- Register with the NCAA Eligibility Center: www.eligibilitycenter.org



NAVIANCE

<https://student.naviance.com>

This website can also be accessed via
the Glen Ridge webpage.

Account information provided

@

Junior Parent Meeting



NAVIANCE

- Game Plan
- Resume
- Student Brag Sheet
- Parent Brag Sheet

Introduction to Naviance Video

Screencast

Junior Naviance Information

Transcript

The transcript is the most important document in the application process

- Grade Point Average
- Strength of Curriculum & Rigor of schedule

Year	GR	Course	Earned	To Be Earned	FIN
2015	09	FOUNDATIONS I	5.000	0.000	A+
2015	09	BAND	5.000	0.000	A
2015	09	BIOLOGY H	6.000	0.000	A
2015	09	ENGLISH 9 H	5.000	0.000	A
2015	09	FRENCH II	5.000	0.000	A
2015	09	GEOMETRY	5.000	0.000	A
2015	09	PE9 HEALTH 1	2.500	0.000	A
2015	09	PE 9 HEALTH 2	2.500	0.000	A+
2015	09	WORLD HISTORY H	5.000	0.000	A-
			41.000	0.000	

Year	GR	Course	Earned	To Be Earned	FIN
2017	11	AP BIOLOGY	6.000	0.000	A
2017	11	AP ENGLISH LANG	5.000	0.000	A
2017	11	FRENCH 1V H	5.000	0.000	A
2017	11	PE 11 HEALTH LAB 1	2.000	0.000	A+
2017	11	PE 11 HEALTH LB 2	2.000	0.000	A+
2017	11	PRE-CALCULUS H	5.000	0.000	A
2017	11	US HISTORY II H	5.000	0.000	A
2017	11	VHS COMPUTER SCIENCE	2.500	0.000	A
2017	11	VHS H ECONOMICS	2.500	0.000	A+
			35.000	0.000	

Year	GR	Course	Earned	To Be Earned	FIN
2016	10	ALGEBRA II H	5.000	0.000	A
2016	10	INTERMEDIATE ART	5.000	0.000	A
2016	10	CHEMISTRY H	6.000	0.000	A
2016	10	ENGLISH 10 H	5.000	0.000	A
2016	10	ENGINEERING FUNDAMENTALS	5.000	0.000	A
2016	10	FRENCH III	5.000	0.000	A
2016	10	PE 10 DRIVER'S ED LAB 1	2.000	0.000	A
2016	10	PE 10 DRIVER'S ED LB 2	2.000	0.000	A+
2016	10	U.S.HIST.I H	5.000	0.000	B+
			40.000	0.000	

Year	GR	Course	Earned	To Be Earned	FIN
2018	12	AP ENGLISH LIT	0.000	5.000	
2018	12	AP FRENCH	0.000	5.000	
2018	12	AP CALCULUS BC	0.000	5.000	
2018	12	AP PHYSICS I	0.000	6.000	
2018	12	PE 12 HEALTH LB 1	0.000	2.000	
2018	12	PE 12 HEALTH LB 2	0.000	2.000	
2018	12	PEER LEADERSHIP	0.000	5.000	
2018	12	VHS H OCEANOGRAPHY	0.000	2.500	
2018	12	VHS H PSYCHOLOGY OF CRIME	0.000	2.500	
			0.000	35.000	

Total To Be Earned Credits:35.000

Credits Required for Graduation:122.500

Total Earned Credits:116.000

Grade Point Avg:4.332

College Entrance Exams

- SAT & ACT
- How To Register
 - Collegeboard.org, act.org
- Test Preparation
- Test Optional / Test Free

Contact with the Colleges: Make yourself known! Show your interest!

See and talk to the college reps at:

- ☐ Individual College visits with GRHS students
- ☐ College Fair - Oct 13th
- ☐ Regional Information Sessions
- ☐ Campus Visits & Virtual Tours
- ☐ Follow-up with thank you emails (simple courtesies can't hurt)

Dates To Remember

- November 14th --- Financial Aid Night (FAFSA & CSS information) 7:00 PM, zoom
- October 12 ---- PSAT
8am, GRHS
- October 13 ---- College Fair
- November 1 - AP Deadline (myschoolbucks)

Harassment, Intimidation and Bullying Glen Ridge Public School's Website

Ms. Caitlin Reilly-GRHS Anti-Bullying Specialist
careilly@glenridge.org

[Anti-Bullying Welcome](#)

[Student Services Home / How to file a HIB report](#)

[HIB flowchart](#)



Thank you!

Contact your child's
School Counselor
with any questions.

